



www.quebecadventure.ca

www.aventure-ecotourisme.qc.ca

Québec Nature in figure

Québec summons you to the freedom of its infinite spaces. Primal emotions will be released as you explore our 1.6 million sq. km of pristine land filled with trails, lakes and rivers.

- A million of lakes and rivers, 185,000 sq.km (71,410 sq. mi.) of fresh water;
- 9,392 km of hiking and snowshoeing trails;
- 6,300 km of crosscountry skiing and back country skiing path;
- Around 3,000 km of horseback riding trails;
- 6,789 km of bikeway;
- 2,300 km of mountain bike trails;
- 38 642 km of waterways;
- 74 of scuba diving sites;
- 486 of spelunking cavities;
- 73 of rock climbing sites;
- 210 of ice climbing sites;
- Over 33,500 km (20,815 mi.) of groomed and signposted trails for snowmobile
- 27 National Parks;
- 15 wildlife reserves;
- A Saguenay–St. Lawrence Marine Park with 1,100 km² (425 sq. mi.) conservation zone;
- 11 linguistically and culturally distinct Aboriginal nations;
- More than 650 animal species;
- 125 professionals outdoor outfitters specialized in eco-and adventure tourism;
- 30 accredited activities, four seasons;
- And 2.4 millions of outdoor enthusiasts.



The province of Quebec offers an exotic place to embark on an exciting adventure rooted in history and French culture. Our bilingual local guides know how to communicate to all visitors to their passion for adventure and ecotourism by introducing you to every corner of our country in search of the best experiences available.

That's making Quebec, a **Quebec Nature!**